

## CONTACT US

Contact Donna James, the Balloons Agency Trainer, and she'll answer your questions and send you an **application pack!**

The training course is run at the Basepoint Business Centre in Exeter, and is one day a week for approximately 8 weeks.

Please email Donna at:

✉ [donnajames@balloonscharity.co.uk](mailto:donnajames@balloonscharity.co.uk)

You can ring Donna on:

☎ **01392 826064**

### Our address:

Basepoint Business Centre  
Yeoford Way, Marsh Barton  
Exeter EX2 8LB

You can also contact the staff team via **email:**

**Sara Bennett – CEO**

✉ [sarabennett@balloonscharity.co.uk](mailto:sarabennett@balloonscharity.co.uk)

**Jo Overton Pitts – Office Systems & Events Manager**

✉ [admin@balloonscharity.co.uk](mailto:admin@balloonscharity.co.uk)

**Liz Cook – Volunteer Coordinator & Supervisor**

✉ [lizcook@balloonscharity.co.uk](mailto:lizcook@balloonscharity.co.uk)

## BEREAVED CHILDREN & YOUNG PEOPLE OFTEN SAY

“

When will I feel better?

Why did my Mum have to die?

Where has my Dad gone?

I didn't get to say goodbye

I feel really angry

I just feel lonely

Am I to blame?

Will I get sick and die?

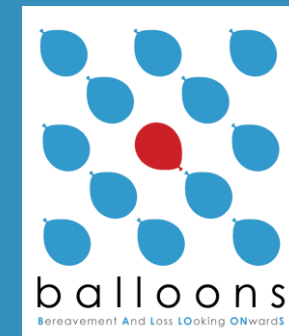
I feel anxious all the time

I'm worried I will forget her

Since Gran died I can't sleep

I just don't feel good about myself anymore

”



## Bereavement and Loss Looking Onwards



**VOLUNTEER FOR US AND MAKE A  
POSITIVE DIFFERENCE TO GRIEVING  
CHILDREN AND YOUNG PEOPLE**

[www.balloonscharity.co.uk](http://www.balloonscharity.co.uk)

 [BalloonsCharityDevon](https://www.facebook.com/BalloonsCharityDevon)  [@fund4balloons](https://twitter.com/fund4balloons)

Registered incorporated charity number 1158666

Bereavement affects everyone at some point in their lives

